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PREOPERATIVE/PREPROCEDURE MEDICATION GUIDELINES

IN GENERAL, PATIENTS SHOULD TAKE THEIR REGULAR MEDICATIONS THE MORNING OF SURGERY WITH A SIP OF WATER.

HOWEVER, PLEASE NOTE THE FOLLOWING EXCEPTIONS: PLEASE STOP 1 WEEK BEFORE SURGERY.

- **ASPIRIN**- MAY CAUSE BLEEDING, STOP 7 DAYS BEFORE SURGERY OTHERWISE DIRECTED BY INTERNIST OR PRIMARY CARE DOCTOR.
- **NONSTEROIDAL ANTI-INFLAMMATORY DRUG (NSAIDS)**- THIS INCLUDES NAPROXEN SODIUM (**ALEVE, ANAPROX**), IBUPROFEN (**ADVIL, MOTRIN IB, PAMPRIM IB**) AND MEFENAMIC ACID (**PONSTEL**). MAY CAUSE BLEEDING, STOP 7 DAYS BEFORE SURGERY OTHERWISE DIRECTED BY INTERNIST OR PRIMARY CARE DOCTOR.
- **INSULIN**- PLEASE CONTACT THE DOCTOR MANAGING YOUR CARE AND FOLLOW THEIR DIRECTIONS.
- **ORAL DIABETES MEDICATIONS**- DO NOT TAKE THE DAY OF SURGERY
- **WARFARIN (COUMADIN)**- MAY CAUSE BLEEDING, STOP 4 DAYS BEFORE SURGERY UNLESS DIRECTED OTHERWISE BY INTERNIST OR PRIMARY CARE DOCTOR.
- **PLAVIX**- MAY CAUSE BLEEDING, STOP 7 DAYS BEFORE SURGERY OTHERWISE DIRECTED BY INTERNIST OR PRIMARY CARE DOCTOR.
- **IF YOU HAVE HAD A CORONARY STENT PLACEMENT WITHIN THE PAST YEAR, CONTACT YOUR CARDIOLOGIST BEFORE CONTINUING PLAVIX.**
- **MAO INHIBITORS**- THESE INCLUDE PHENELZINE (**NARDIL**) AND TRANLYCYPROMINE (**PARNATE**), MAY INTERACT WITH ANESTHESIA, STOP 2 WEEKS BEFORE A MAJOR SURGERY.
- **ST. JOHN'S WORT, VALERIA, KAVA KAVA**- MAY INTERACT WITH ANESTHESIA, STOP 7 DAYS BEFORE SURGERY.
- **VITAMIN E, FISH OIL, GINKGO BILOBA**- MAY CAUSE BLEEDING, STOP 7 DAYS BEFORE SURGERY.
- **HERB/VITAMINS/SUPPLEMENT**- STOMACH MUST BE EMPTY PRIOR TO SURGERY. PLEASE DO NOT TAKE ANY OF THESE THE MORNING OF SURGERY.
- **IF YOU ARE TAKING ANY OF THESE MEDICATIONS, PLEASE LET YOUR SURGEON KNOW.**
 - **TYLENOL IS OK TO TAKE FOR PAIN**